## We can be helpful when dealing with issues like:

- Repeated, negative behavior
- Weight problems
- Addictions
- · Work or athletic performance
- · Emotional stress
- Relationship problems
- Recurring pain

### emc Eric Miller Consults

Eric@EricMillerConsults.com 520.314.4011

# Perception WELLNESS

#### **Perception Index Zones**

- 1. Unacknowledged
- 2. Repetitive Thinking
- 3. Sadness
- 4. Emotionally Disconnected
- 5. Self Critical
- 6. Conditional Love
- 7. Anger
- 8. Fearful and Overwhelmed
- 9. Suppressed Emotional Expression
- 10. Unworthy / Undeserving
- 11. Rigid Beliefs
- 12. Conflicting Beliefs





Perception has a powerful impact on your entire life, including overall health and wellness. Perception shapes the way you think and creates your outlook on life. An expansive, positive outlook will allow you to function with greater ease and less stress.

A limited, narrow outlook creates more stress and can impact your health and wellness in a negative way. What you see in any situation or circumstance is quite often determined by things beyond your control: your circumstance, the influence of others, or the patterns you inherited from parents and grandparents. All these factors shape your ability to perceive the world.

Everyone has blind spots, things we just don't see because we lack necessary information. That's why people can share one experience and come away with multiple reports the glass as "half full" while others report the same glass as "half empty." Regardless of how your perceptions are formed, they create your perceived reality and will drive the decisions you make on both a conscious and a subconscious level.

#### PERCEPTIONS AND EMOTIONS

Perception is closely tied to emotions. Often you can sense the emotion of others just by listening to them speak, regardless of their words. In fact, the audible tones in spoken voice are packed with subtle energetic qualities that can be measured and tracked. These qualities change to match the topic because they are a reflection of the speaker's perception of the topic.

What if there was a process that would help you measure these tones, a tool that would provide you the information you need to expand your perceptions?

#### PATH TO A FULFILLING HAPPY LIFE

ERIC MILLER INCORPORATES HIGH TECH BIOCOMMUNICATIONS TO REFRAME ANY LIMITING PERCEPTIONS AND STRATEGIC INTERVENTION COACHING MODALITIES TO CREATE A NEW MINDSET.

**STEP 1:** The Owner's Compass Perceptions Reframing system uses the energy of the voice to map perception on a designated topic. The software tracks progress changes in the digital signatures. The system then delivers corrective energies in the form of digital packets. It's effective because you engage every aspect of your being, including your memories and beliefs. You will have new insights that will enable you to enhance health and wellness.

**STEP 2:** Once you have established a new baseline for how you perceive yourself and the world, Eric Miller will guide you with strategic coaching methods for a new mindset.



IMPROVE YOUR MINDSET, FIND YOUR PURPOSE, IMPROVE YOUR RELATIONSHIPS, MAXIMIZE YOUR HEALTH, INCREASE YOUR PRODUCTIVITY, ENHANCE YOUR LEADERSHIP SKILLS, ADVANCE YOUR CAREER, GROW YOUR WEALTH

Remove any emotional blockages that are preventing you from achieving top human performance. You will soon gain the confidence to find your purpose and live a happy life.